



DAILY
& **MORNING
EVENING**
ADHKAR

أَذْكَارُ الصَّبَاحِ وَالْمَسَاءِ

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...and remember Allāh often
that you may succeed.

Quran 62:10



1.

ADHKAR:
AFTER SALAH
أذكار بعد الصلاة



❖ Dhikr 1: ❖

أَسْتَغْفِرُ اللَّهَ ، أَسْتَغْفِرُ اللَّهَ ، أَسْتَغْفِرُ اللَّهَ
اللَّهُمَّ أَنْتَ السَّلَامُ وَمِنْكَ السَّلَامُ تَبَارَكْتَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ



ASTAGHFIRULLĀH, ASTAGHFIRULLĀH, ASTAGHFIRULLĀH

ALLĀHUMMA ANTAS-SALĀM, WA MINKAS-SALĀM, TABĀRAKTA YĀ DHAL-JALĀLI WAL-'IKRĀM.

I seek the forgiveness of Allah (x3)

O Allah, You are The Flawless and The Source of Peace, and from You comes peace. Blessed are You, full of Majesty and Honour.

Virtue:

Thawban  reported that: "...when the Messenger of Allah  finished his prayer, he would say [the above]."¹





❖ Dhikr 2: ❖

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، اَللَّهُمَّ لَا
مَانِعَ لِمَا أَعْطَيْتَ ، وَلَا مُعْطِيَ لِمَا مَنَعْتَ ، وَلَا يَنْفَعُ ذَا الْجَدِّ مِنْكَ الْجَدُّ

LĀ ILĀHA ILLĀ-LLĀHU WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULKU, WA LAHU-L-
ḤAMD, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR, ALLĀHUMMA LĀ MĀN'A LI-MĀ A'AṬAYT,
WA LĀ MUṬIYA LI-MĀ MAN'AT, WA LĀ YANFA'U DHA-L-JADDI MINKA-L-JADD.

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. O Allah, there is none who can withhold what You give, and none who can give what You withhold; and no might, power, or wealth of any mighty person can benefit them against You.

Virtue:

Warrad  narrated that: "Once Mughirah  dictated to me in a letter addressed to Mu'awiyah  that the Prophet  used to say after every compulsory prayer [the above]."²

❖ Dhikr 3: ❖

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، لَا حَوْلَ
وَلَا قُوَّةَ إِلَّا بِاللَّهِ، لَا إِلَهَ إِلَّا اللَّهُ، وَلَا تَعْبُدْ إِلَّا إِيَّاهُ، لَهُ النَّعْمَةُ وَلَهُ الْفَضْلُ وَلَهُ الثَّنَاءُ
الْحَسَنُ، لَا إِلَهَ إِلَّا اللَّهُ مُخْلِصِينَ لَهُ الدِّينَ، وَلَوْ كَرِهَ الْكَافِرُونَ

LĀ ILĀHA ILLĀ-LLĀHU WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULKU, WA LAHU-L-HAMD, WA
HUWA 'ALĀ KULLI SHAY'IN QADĪR, LĀ ḤAWLA WA LĀ QUWWATA ILLĀ BI-LLĀH, LĀ ILĀHA ILLĀ-LLĀH,
WA LĀ NA'BUDU ILLĀ IYYĀH, LAHU-N-NĪMATU WA LAHU-L-FADL, WA LAHU-TH-THANĀ'U-L-
HASAN, LĀ ILĀHA ILLĀ-LLĀHU MUKHLISĪNA LAHU-D-DĪN, WA LAW KARIHA-L-KĀFIRŪN.

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. There is no power (to avert evil) or strength (to attain goodness) except through Allah. There is none worthy of worship besides Allah, and we do not worship any other besides Him. He alone is the source of all blessings and is the epitome of Merit, and to Him alone belongs the most excellent praise. There is none worthy of worship besides Allah; we sincerely devote our religion to Him, even though the disbelievers may dislike it.

Virtue:

Abdullah Ibn al-Zubayr ﷺ uttered at the end of every prayer after the tasleem [the above]. (Abu Zubayr said): "The Messenger of Allah ﷺ would utter this at the end of every prayer."³

❖ Dhikr 4 ❖

(ONLY AFTER FAJR & MAGHRIB)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ يُحْيِي وَيُمِيتُ
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ (x10)

LĀ ILĀHA ILLĀ-LLĀHU WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULKU WA LAHU-
L-HAMDU YUḤYĪ WA YUMĪT, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR. (x10)

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise, He brings to life and He causes death and He is Able to do all things. (x10)

Virtue:

Abu Dharr رضي الله عنه narrated that the Messenger of Allah ﷺ said: "Whoever says [the above] 10 times after Maghrib and Fajr, whilst sitting in the position of tashahhud and before moving, Allah will record 10 good deeds, forgive 10 sins and raise him 10 levels in the next life for each time he says it. It will be a shield for him against all repulsive things and he will be guarded from Shaytan. No sin will be allowed to reach him that day except for shirk."⁴

❖ Dhikr 5: ❖

سُبْحَانَ اللَّهِ (X33) الْحَمْدُ لِلَّهِ (X33) اللَّهُ أَكْبَرُ (X33)
لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

SUBHĀNALLĀH (X33), ALHAMDULILLĀH (X33), ALLĀHU AKBAR(X33)
LĀ ILĀHA ILLĀ ALLĀHU WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULKU
WA LAHU-L-ḤAMD, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR

Allah is free from imperfection.(X33) , All praise be to Allah.(X33),

Allah is the Greatest. (X33)

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things.

Virtues:

1. Abu Hurayrah رضي الله عنه narrated that the Messenger of Allah ﷺ said: "He who recites [the above] after every prayer will have all his sins forgiven even if they are as abundant as the foam of the sea."⁵

2. Abu Hurayrah رضي الله عنه narrated that Abu Dharr said: "O Prophet of Allah, the wealthy people are the ones who get all the rewards - they pray as we pray, fast as we fast, and they have surplus wealth which they give in charity. But we have no wealth which we may give in charity!"

The Messenger of Allah ﷺ said: "O Abu Dharr, should I not teach you some words which will allow you to attain the level of those who have surpassed you and which would prevent anyone else from catching up to you unless they say them too?" He said: "Please do O Messenger of Allah!"

He said: "say [the above] after each prayer."⁶

❖ Dhikr 6: ❖

اللَّهُ لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ لَا تَأْخُذُهُ سِنَّةٌ وَلَا نَوْمٌ لَهُ مَا فِي السَّمَاوَاتِ وَمَا فِي
الْأَرْضِ مَنْ ذَا الَّذِي يَشْفَعُ عِنْدَهُ إِلَّا بِإِذْنِهِ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ وَلَا يُحِيطُونَ
بِشَيْءٍ مِّنْ عِلْمِهِ إِلَّا بِمَا شَاءَ وَسِعَ كُرْسِيُّهُ السَّمَاوَاتِ وَالْأَرْضَ وَلَا يَئُودُهُ حِفْظُهُمَا وَهُوَ
الْعَلِيُّ الْعَظِيمُ

ALLĀHU LĀ ILĀHA ILLĀ HUWA-L-HAYYU-L-QAYYŪM, LĀ TA'KHU DHUHŪ SINATUW-WA
LĀ NAWM, LAHŪ MĀ FI-S-SAMĀWĀTI WA MĀ FI-L-ARḌ, MAN DHĀ'LLADHĪ YASHFA'U
'INDAHŪ ILLĀ BI-IDHNĪH, YA'LAMU MĀ BAYNA AYDĪHIM WA MĀ KHALFAHUM, WA LĀ
YUḤĪṬŪNA BI-SHAY'IM-MIN 'ILMIHĪ ILLĀ BI-MĀ SHĀ', WASĀ'A KURSIYYUHU-S-SAMĀWĀTI
WA-L-ARḌ, WA LĀ YA'ŪDUHŪ ḤIFẒUHUMĀ WA HUWA-L-'ALLIYU-L-'AZĪM.

Allah - there is no God worthy of worship except Him, He is the One who is the ever living without any death or deficiency, the Sustainer of all existence. Drowsiness or sleep does not come upon Him, due to the perfection of His life and existence. To Him belongs whatever is in the heavens and whatever is on the earth. Who could possibly intercede with Him without His acceptance and permission? He knows what has happened in the past and what will happen in the future, whilst the creation has no share of His knowledge unless He wills to grant them some of it. His Kursi covers the vastness of the heavens and the earth, and the preservation of both does not tire Him nor is it difficult for Him.

And He is the Most High, the Greatest.

Virtue:

Abu Umamah  narrates that the Messenger of Allah  said: "Whoever recites [the above] after every obligatory prayer, there is nothing that will prevent him from entering Paradise except death."⁷

❖ Dhikr 7: ❖

These three Surahs are to be recited *once* after Dhuhr, Asr and Isha, and *thrice* after Fajr and Maghrib.

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا
أَحَدٌ ﴿٤﴾ (X1) / (X3)

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ
شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾ (X1) / (X3)

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ
الْخَنَّاسِ ﴿٤﴾ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ﴿٥﴾
مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾ (X1) / (X3)

QUL HUWA-LLĀHU AHAD. ALLĀHU-Ṣ-ṢAMAD. LAM YALID WA LAM
YŪLAD. WA LAM YAKUL-LAHŪ KUFUWAN AHAD. (X1) / (X3)

QUL A'ŪDHU BI RABBI-L-FALAQ. MIN SHARRI MĀ KHALAQ. WA MIN SHARRI GHĀSIQIN IDHĀ WAQAB.
WA MIN SHARRI-N-NAFFĀTHĀTI FI-L-'UQAD. WA MIN SHARRI ḤĀSIDIN IDHĀ ḤASAD. (X1) / (X3)
QUL A'ŪDHU BI RABBI-N-NĀS. MALIKI-N-NĀS. ILĀH-HIN-NĀS. MIN SHARRI-L-WASWĀSI-L-
KHANNĀS. AL-LADHĪ YUWASWISU FĪ ṢUDŪRI-N-NĀS. MINA-L-JINNATI WA-N-NĀS. (X1) / (X3)

Say, "He is Allāh, [who is] One. Allāh, the Eternal Refuge. He neither begets nor
is born. Nor is there to Him any equivalent." (X1) / (X3)

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He
created. And from the evil of darkness when it settles. And from the evil of the
blowers in knots. And from the evil of an envier when he envies." (X1) / (X3)

Say, "I seek refuge in the Lord of mankind. The Sovereign of mankind. The God
of mankind. From the evil of the retreating whisperer. Who whispers [evil] into
the breasts of mankind. From among the jinn and mankind." (X1) / (X3)

Virtues:

1. 'Uqbah ibn 'Amir ؓ said: "The Messenger of Allah ﷺ commanded me to recite [the above] at the end of every prayer."⁸
2. Mu'adh ibn 'Abdullah ibn Khubaib narrated from his father who said:
"We went out on a rainy and extremely dark night looking for the

Messenger of Allah ﷺ so that he could lead us in prayer."

He said: "So I met him and he ﷺ said: "Say" but I did not say anything.

Then e ﷺ said: "Say" but I did not say anything. He ﷺ said: "Say", so I asked: "What should I say?" He ﷺ said: "Say: [the above] when you reach the evening (after Maghrib) and when you reach the morning (after Fajr), three times, they will suffice you against everything.""⁹

2.

MORNING
ADHKAR

أذكار الصباح



❖ Dhikr 1: ❖

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا
أَحَدٌ ﴿٤﴾ (x3)

قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ
شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾ (x3)

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ
الْخَنَّاسِ ﴿٤﴾ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ﴿٥﴾
مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾ (x3)

QUL HUWA-LLĀHU AḤAD. ALLĀHU-Ṣ-ṢAMAD. LAM YALID WA LAM
YŪLAD. WA LAM YAKUL-LAHŪ KUFUWAN AḤAD. (X1) / (X3)

QUL A'UDHU BI RABBI-L-FALAQ. MIN SHARRI MĀ KHALAQ. WA MIN SHARRI GHĀSIQIN IDHĀ WAQAB.
WA MIN SHARRI-N-NAFFĀTHĀTI FI-L-'UQAD. WA MIN SHARRI ḤĀSIDIN IDHĀ ḤASAD. (X1) / (X3)

QUL A'UDHU BI RABBI-N-NĀS. MALIKI-N-NĀS. ILĀH-HIN-NĀS. MIN SHARRI-L-WASWĀSI-L-
KHANNĀS. AL-LADHĪ YUWASWISU FĪ ṢUDŪRI-N-NĀS. MINA-L-JINNATI WA-N-NĀS. (X1) / (X3)

Say, "He is Allāh, [who is] One. Allāh, the Eternal Refuge. He neither begets nor
is born. Nor is there to Him any equivalent." (X1) / (X3)

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He
created. And from the evil of darkness when it settles. And from the evil of the
blowers in knots. And from the evil of an envier when he envies." (X1) / (X3)

Say, "I seek refuge in the Lord of mankind. The Sovereign of mankind. The God
of mankind. From the evil of the retreating whisperer. Who whispers [evil] into
the breasts of mankind. From among the jinn and mankind." (X1) / (X3)

Virtue:

Mu'adh ibn 'Abdullah ibn Khubaib narrated from his father who said: "We
went out on a rainy and extremely dark night looking for the Messenger of
Allah ﷺ so that he could lead us in prayer." He said: "So I met him and he
ﷺ said: "Say" but I did not say anything. Then he ﷺ said: "Say" but I did not
say anything. He ﷺ said: "Say", so I asked: "What should I say?" He ﷺ said:
"Say: [the above] in the morning and evening three times, they will suffice
you against everything."¹⁰

❖ Dhikr 2: ❖

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ
الْحَمْدُ ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ ،
وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذَا الْيَوْمِ وَشَرِّ مَا بَعْدَهُ ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ
الْكِبَرِ ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ

AŞBAHNÂ WA AŞBAHA-L-MULKU LI-LLÂH, WA-L-ĤAMDU LI-LLÂH, LÂ ILÂHA İLLA-LLÂHU WAĤDAHÛ LÂ
ŞARİKA LAH, LAHU-L-MULKU WA LAHU-L-ĤAMD, WA HUWA 'ALÂ KULLI ŞAY'IN QADİR, RABBI
AS'ALUKA KHAYRA MÂ FÎ HÂDHÂ-L-YAWMI WA KHAYRA MÂ BA'DAH, WA A'ÜDHU BIKÂ MIN ŞARRI MÂ FÎ
HÂDHÂ-L-YAWMI WA ŞARRI MÂ BA'DAH. RABBI A'ÜDHU BIKÂ MINA-L-KASALI WA SÛ'I-L-KİBAR, RABBI
A'ÜDHU BIKÂ MIN 'ADĤÂBİN Fİ-N-NÂRI WA 'ADĤÂBİN Fİ-L-QABR.

We have entered a new day and with it the whole kingdom belongs to Allah. All praise is due to Allah. There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. My Lord, I ask You for the goodness of this day and of the days that come after it, and I seek refuge in You from the evil of this day and of the days that come after it. My Lord, I seek refuge in You from laziness and helpless old age. My Lord, I seek refuge in You from the punishment of Hellfire and from the punishment of the grave.

Virtue:

'Abdullah ibn Mas'ud ؓ narrates that when the Messenger of Allah ﷺ used to enter the morning, he would say [the above].¹¹

❖ Dhikr 3: ❖

اللَّهُمَّ بِكَ أَصْبَحْنَا وَبِكَ أَمْسَيْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَإِلَيْكَ النُّشُورُ

ALLÂHUMMA BIKÂ AŞBAHNÂ WA BIKÂ AMSAYNÂ WA BIKÂ
NAĤYÂ WA BIKÂ NAMÛTU WA İLAYKA-N-NUSHÛR.

O Allah, You bring us the beginning of the day as You bring us its end, You bring us life and you bring us death, and to You is the Final Return.

Virtue:

Abu Hurayrah ؓ narrated that the Messenger of Allah ﷺ used to say [the above] when he would enter the morning.¹²

❖ Dhikr 4: ❖

أَصْبَحْنَا عَلَىٰ فِطْرَةِ الْإِسْلَامِ ، وَعَلَىٰ كَلِمَةِ الْإِخْلَاصِ ، وَعَلَىٰ دِينِ نَبِيِّنَا مُحَمَّدٍ ، وَعَلَىٰ مِلَّةِ
أَبِينَا إِبْرَاهِيمَ حَنِيفًا مُّسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ

AŞBAHNÂ 'ALÂ FITRATI-L-ISLÂM, WA 'ALÂ KALIMATI-L-IKHLÂS, WA 'ALÂ DÎNI NABIYYINÂ
MUHAMMADIN ŞALLALLÂHU 'ALAYHI WA SALLAM, WA 'ALÂ MILLATI ABÎNÂ IBRÂHÎMA HANÎFAM-
MUSLIMA, WA MÂ KÂNA MIN-L-MUSHRIKÎN.

We have entered the morning upon the natural religion of Islam, the statement of pure faith (Shahadah), the religion of our Prophet Muhammad, g and upon the way of our father Ibrâhîm, who turned away from all that is false and was upright (in worshipping Allâh) and a Muslim. He was not of those who worship others besides Allah.

Virtue:

‘Abd al-Rahman ibn Abza ؓ narrates that the Prophet ﷺ said [the above].¹³

❖ Dhikr 5: ❖

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ ، عَدَدَ خَلْقِهِ ، وَرِضَا نَفْسِهِ ، وَزِينَةَ عَرْشِهِ ، وَمِدَادَ كَلِمَاتِهِ (x3)

SUBHÂNA-LLÂHI WA BI HAMDIH, 'ADADA KHALQIH, WA RIÐÂ NAFSIH,
WA ZINATA 'ARSHIH, WA MIDÂDA KALIMÂTIH. (X3)

Allah is free from imperfection and all praise is due to Him, (in ways) as numerous as all He has created, (as vast) as His pleasure, (as limitless) as the weight of His Throne, and (as endless) as the ink of His words. (X3)

Virtue:

Juwayriyyah bint al-Harith ؓ reported: "The Prophet ﷺ left (my home) in the morning as I was busy performing the dawn prayer. He came back in the forenoon and found me sitting there. He ﷺ asked: 'Are you still in the same position as I left you?' I replied in the affirmative. Thereupon the Prophet ﷺ said: 'I recited four phrases three times after I left you. If everything that you have said today was put in the scales, [the above] would outweigh it.'"¹⁴

❖ Dhikr 6: ❖

اَللّٰهُمَّ اَنْتَ رَبِّيْ لَا اِلَهَ اِلَّا اَنْتَ ، خَلَقْتَنِيْ وَاَنَا عَبْدُكَ ، وَاَنَا عَلٰى عَهْدِكَ وَوَعْدِكَ مَا
اَسْتَطَعْتُ ، اَعُوْذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ ، اَبُوْءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَاَبُوْءُ لَكَ بِذَنْبِيْ ،
فَاغْفِرْ لِيْ فَإِنَّهُ لَا يَغْفِرُ الذُّنُوْبَ اِلَّا اَنْتَ

ALLĀHUMMA ANTA RABBĪ, LĀ ILĀHA ILLĀ ANT, KHALAQṬANĪ WA ANA 'ABDUK, WA ANA 'ALĀ 'AHDIK
WA WA'DIK MĀ'STAṬAT, A'ŪDHU BIK MIN SHARRI MĀ ṢANA'T, ABŪ'U LAKA BĪ NĪMATIKA 'ALAYYA
WA ABŪ'U LAKA BĪ DHAMBĪ FA-GHFIR LĪ FA-INNAHŪ LĀ YAGHFIRU-DH-DHUNŪBA ILLĀ ANT.

O Allah, You are my Lord, there is none worthy of worship but You. You created me and I am your slave. I keep Your covenant, and my pledge to You so far as I am able. I seek refuge in You from the evil of what I have done. I admit to Your blessings upon me, and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Virtue:

Shaddad ibn Aws ؓ narrates that the Messenger of Allah ﷺ said:
"The most superior manner of seeking forgiveness is that you say [the
above]. Whoever says it during the day with conviction and dies on the
same day before the evening will be from the people of Paradise. And
whoever says it during the night with conviction and dies before the
morning, he will be from the people of Paradise."¹⁵

❖ Dhikr 7: ❖

اَللّٰهُمَّ اِنِّيْ اَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ ، اَللّٰهُمَّ اِنِّيْ اَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي
دِيْنِيْ وَدُنْيَايَ وَاَهْلِيْ وَمَالِيْ ، اَللّٰهُمَّ اسْتُرْ عَوْرَاتِيْ وَامِنْ رُّوْعَانِيْ ، اَللّٰهُمَّ احْفَظْنِيْ مِنْ بَيْنِ
يَدَيَّ ، وَمِنْ خَلْفِيْ ، وَعَنْ يَمِيْنِيْ ، وَعَنْ شِمَالِيْ ، وَمِنْ قُوْفِيْ ، وَاَعُوْذُ بِعَظَمَتِكَ
اَنْ اُغْتَالَ مِنْ تَحْتِيْ

ALLĀHUMMA INNĪ AS'ALUKA-L-'AFWA WA-L-'ĀFIYATA FI-D-DUNYĀ WA-L-'ĀKHIRAH. ALLĀHUMMA
INNĪ AS'ALUKA-L-'AFWA WA-L-'ĀFIYATA FĪ DĪNĪ WA DUNYĀYA WA AHLĪ WA MĀLĪ, ALLĀHUMMA-STUR
'AWRĀTĪ WA ĀMIN RAW'ĀTĪ. ALLĀHUMMA-HFAẒNĪ MIM BAYNI YADAYYA WA MIN KHALFĪ, WA 'AY-N
YAMĪNĪ WA 'AN SHIMĀLĪ WA MIN FAWQĪ, WA A'ŪDHU BI-'AZAMATIKA AN UGHTĀLA MIN TAHTĪ.

O Allah, I ask You for forgiveness and protection in this world and the next. O Allah, I ask You for forgiveness and protection in my religion, in my worldly affairs, in my family and in my wealth. O Allah, conceal my faults and calm my fears. O Allah, guard me from in front of me and behind me, from my right, and from my left, and from above me. I seek protection in Your Greatness from being unexpectedly destroyed from beneath me.

Virtue:

'Abdullah ibn Umar ﷺ narrates that the Messenger of Allah ﷺ never failed to utter [the above] supplications in the evening and in the morning.¹⁶

❖ Dhikr 8: ❖

اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ، فَاطِرَ السَّمَوَاتِ وَالْأَرْضِ، رَبَّ كُلِّ شَيْءٍ وَمَلِيكُهُ، أَشْهَدُ
أَنْ لَا إِلَهَ إِلَّا أَنْتَ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّهِ، وَأَنْ أَقْتَرِفَ
عَلَى نَفْسِي سُوءًا، أَوْ أَجْرَهُ إِلَى مُسْلِمٍ

ALLĀHUMMA 'ĀLIMA-L-GHAYBI WA-SH-SHAHĀDAH, FĀṬIR-AS-SAMĀWĀTI WA-L-ARḌI, RABBA KULLI SHAY'IW-WA MALĪKAH, ASH-HADU AL-LĀ ILĀHA ILLĀ ANTA, A'ŪDHU BIK MIN SHARRI NAFSĪ WA MIN SHARRI-SH-SHAYṬĀNI WA SHIRKIHĪ WA AN AQṬARIFA 'ALĀ NAFSĪ SŪ'AN AW AJURRAHŪ ILĀ MUSLIM.

O Allah, Knower of the unseen and the seen, Creator of the heavens and the earth, the Lord and Possessor of everything; I bear witness that there is none worthy of worship but You. I seek refuge in You from the evil of my own self, from the evil of Shaytan and from the evil of polytheism to which he calls, and from inflicting evil on myself or bringing it upon a Muslim.

Virtue:

Abu Bakr Al Siddiq ﷺ said: "O Messenger of Allah, instruct me what to say in the morning and in the evening." He ﷺ said: "Say [the above]."¹⁷

❖ Dhikr 9: ❖

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ ، عَلَيْهِ تَوَكَّلْتُ ، وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ (x7)

HASBIYA-ALLĀHU LĀ ILĀHA ILLĀ HUWA, 'ALAYHI TAWAKKALTU,
WA HUWA RABBU-L-'ARSHI-L-'AZĪM. (X7)

Allah is sufficient for me. There is none worthy of worship except Him. I have placed my trust in Him only and He is the Lord of the Magnificent Throne. (X7)

Virtue:

Abu Al Darda' ؓ said: "Whoever says in the morning and in the evening [the above] seven times, Allah may He be exalted, will suffice him for what concerns him."¹⁸

❖ Dhikr 10: ❖

يَا حَيُّ يَا قَيُّوْمُ ، بِرَحْمَتِكَ أَسْتَغِيْثُ ، أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ ، وَلَا تَكِلْنِيْ
إِلَى نَفْسِيْ طَرْفَةَ عَيْنٍ

YĀ HAYYU YĀ QAYYŪM, BĪ-RAHMATIKĀ ASTAGHĪTH, AṢLIḤ LĪ SHA'NĪ
KULLAH, WA LĀ TAKILNĪ ILĀ NAFSĪ ṬARFATA 'AYN.

O Ever Living One, O Eternal One; I seek assistance through Your mercy. Set right all of my affairs and do not place me in charge of myself even for the blinking of an eye.

Virtue:

Anas ibn Malik ؓ narrates that the Prophet ﷺ said to Fatimah ؓ :
"What is preventing you from (doing) what I am advising you; that you say [the above] in the morning and evening?"¹⁹

❖ Dhikr 11: ❖

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ ، وَهُوَ السَّمِيعُ الْعَلِيمُ (x3)

BISMI-LLĀHI-LLADHĪ LĀ YAḌURRU MA'ASMIHI SHAY'UN FI-L-'ARḌĪ
WA LĀ FI-S-SAMĀ', WA HUWA-S-SAMĪ'U-L-'ALĪM. (X3)

In the Name of Allah, with whose Name nothing can harm on the earth nor in the sky, and He is The All-Hearing and All-Knowing. (X3)

Virtues:

1. Aban ibn 'Uthman narrated from 'Uthman ibn 'Affan ؓ who mentioned that the Messenger of Allah ﷺ said: "There is no servant who says [the above] three times every morning and evening, except that nothing will harm him."²⁰
2. He also narrated that the Messenger of Allah ﷺ said: "Whoever says [the above] three times in the morning will not be afflicted with a sudden calamity until the evening."²¹

❖ Dhikr 12: ❖

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ،
وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ (x100)

LĀ ILĀHA ILLĀ-ALLĀH, WAḤDAHŪ LĀ SHARĪKA LAH, LAHU-L-MULK, WA
LAHU-L-ḤAMD, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR. (X100)

There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. (X100)

Virtue:

Abu Hurayrah ؓ narrates that the Messenger of Allah ﷺ said: "He who says [the above] 100 times in a day will have a reward equivalent to that of freeing 10 slaves; 100 good deeds will be recorded for him; 100 sins will be erased from him; and it will be a protection for him against the shaytān all that day until evening comes. None will surpass him in doing good deeds except someone who has recited these words more than him."²²

❖ Dhikr 13: ❖

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ (x100)

ASTAGHFIRU-L-LLĀHA WA ATŪBU ILAYH. (X100)

I seek Allah's forgiveness and repent to Him. (X100)

Virtues:

1. Al Agharr Al Muzani, who was from the Companions, reported that Allah's Messenger (ﷺ) said: "There are times where I feel my heart becomes covered with a veil and so I seek forgiveness from Allah a hundred times a day."²³
2. Burdah ؓ narrated that we (the companions) were seated when the Messenger of Allah ﷺ came. He said: "No morning has passed by except that I have sought Allah's forgiveness in it a 100 times."²⁴

❖ Dhikr 14: ❖

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ (x100)

SUBHĀNA-LLĀHI WA BI ḤAMDIH. (X100)

Allah is free from imperfection and all praise is due to Him. (X100)

Virtues:

1. Abu Hurayrah ؓ narrates that the Messenger of Allah ﷺ said: "Whoever says [the above] 100 times a day, all of his sins will be forgiven, even if they are as abundant as the foam of the sea."²⁵
2. Abu Hurayrah ؓ narrates that the Messenger of Allah ﷺ said: "He who recites [the above] in the morning and in the evening 100 times, will not be surpassed on the Day of Judgement by anyone with better deeds except the one who says the same words or more."²⁶

3.



EVENING
ADHKAR

أذكار المساء



❖ Dhikr 1: ❖

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾ وَلَمْ يَكُنْ لَهُ كُفُوًا
أَحَدٌ ﴿٤﴾ (x3)

قُلْ أَغُوذُ بِرَبِّ الْفَلَقِ ﴿١﴾ مِنْ شَرِّ مَا خَلَقَ ﴿٢﴾ وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ ﴿٣﴾ وَمِنْ
شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ ﴿٤﴾ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ ﴿٥﴾ (x3)

قُلْ أَغُوذُ بِرَبِّ النَّاسِ ﴿١﴾ مَلِكِ النَّاسِ ﴿٢﴾ إِلَهِ النَّاسِ ﴿٣﴾ مِنْ شَرِّ الْوَسْوَاسِ
الْخَنَّاسِ ﴿٤﴾ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ ﴿٥﴾
مِنَ الْجِنَّةِ وَالنَّاسِ ﴿٦﴾ (x3)

QUL HUWA-LLĀHU AḤAD. ALLĀHU-Ṣ-ṢAMAD. LAM YALID WA LAM
YŪLAD. WA LAM YAKUL-LAHŪ KUFUWAN AḤAD. (X1) / (X3)

QUL A'ŪDHU BI RABBI-L-FALAQ. MIN SHARRI MĀ KHALAQ. WA MIN SHARRI GHĀSIQIN IDHĀ WAQAB.
WA MIN SHARRI-N-NAFFĀTHĀTI FI-L-'UQAD. WA MIN SHARRI ḤĀSIDIN IDHĀ ḤASAD. (X1) / (X3)
QUL A'ŪDHU BI RABBI-N-NĀS. MALIKI-N-NĀS. ILĀH-HIN-NĀS. MIN SHARRI-L-WASWĀSI-L-
KHANNĀS. AL-LADHĪ YUWASWISU FĪ ṢUDŪRI-N-NĀS. MINA-L-JINNATI WA-N-NĀS. (X1) / (X3)

Say, "He is Allāh, [who is] One. Allāh, the Eternal Refuge. He neither begets nor
is born. Nor is there to Him any equivalent." (X1) / (X3)

Say, "I seek refuge in the Lord of daybreak. From the evil of that which He
created. And from the evil of darkness when it settles. And from the evil of the
blowers in knots. And from the evil of an envier when he envies." (X1) / (X3) Say,
"I seek refuge in the Lord of mankind. The Sovereign of mankind. The God
of mankind. From the evil of the retreating whisperer. Who whispers [evil] into
the breasts of mankind. From among the jinn and mankind." (X1) / (X3)

Virtue:

Mu'adh ibn 'Abdullah ibn Khubaib narrated from his father who said: "We went out on a rainy and extremely dark night looking for the Messenger of Allah ﷺ so that he could lead us in prayer." He said: "So I met him and he ﷺ said: "Say" but I did not say anything. Then he ﷺ said: "Say" but I did not say anything. He ﷺ said: "Say", so I asked: "What should I say?" He ﷺ said: "Say: [the above] in the morning and evening three times, they will suffice you against everything."²⁷

❖ Dhikr 2: ❖

أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ
الْحَمْدُ ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذِهِ اللَّيْلَةِ وَخَيْرَ مَا بَعْدَهَا ،
وَأَعُوذُ بِكَ مِنْ شَرِّ مَا فِي هَذِهِ اللَّيْلَةِ وَشَرِّ مَا بَعْدَهَا ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ
الْكِبَرِ ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ وَعَذَابٍ فِي الْقَبْرِ

AMSAYNĀ WA AMSA-L-MULKU LI-LLĀH, WA-L-HAMDU LI-LLĀH, LĀ ILĀHA ILLA-LLĀHU WAḤDAHŪ
LĀ SHARĪKA LAH, LAHU-L-MULKU WA LAHU-L-HAMD, WA HUWA 'ALĀ KULLI SHAY'IN QADĪR, RABBI
AS'ALUKA KHAYRA MĀ FĪ HĀDHIHI-L-LAYLATI WA KHAYRA MĀ BA'DAH, WA A'ŪDHU BIKI MIN
SHARRI MĀ FĪ HĀDHIHI-L-LAYLATI WA SHARRI MĀ BA'DAH. RABBI A'ŪDHU BIKI MINA-L-KASALI
WA SŪ'I-L-KIBAR, RABBI A'ŪDHU BIKI MIN 'ADHĀBIN FI-N-NĀRI WA 'ADHĀBIN FI-L-QABR.

We have ended another day and with it the whole kingdom belongs to Allah. All praise is due to Allah. There is none worthy of worship besides Allah alone Who has no partner whatsoever. To Him alone belongs all sovereignty and all praise and He is Able to do all things. My Lord, I ask You for the goodness of this night and of the nights that come after it, and I seek refuge in You from the evil of this night and of the nights that come after it. My Lord, I seek refuge in You from laziness and helpless old age. My Lord, I seek refuge in You from the punishment of Hellfire and from the punishment of the grave.

Virtue:

'Abdullah ibn Mas'ud ؓ narrates that when the Messenger of Allah ﷺ used to enter the evening, he would say [the above].²⁸

❖ Dhikr 3: ❖

اَللّٰهُمَّ بِكَ اَمْسَيْنَا وَبِكَ اَصْبَحْنَا وَبِكَ نَحْيَا وَبِكَ نَمُوتُ وَاِلَيْكَ الْمَصِيْرُ

ALLĀHUMMA BIKI AMSAYNĀ WA BIKI AṢBAḤNĀ WA BIKI
NAḤYĀ WA BIKI NAMŪTU WA ILAYKA-L-MAṢĪR.

O Allah, You bring us the end of the day as You bring us its beginning, You bring us life and you bring us death, and to You is our fate.

Virtue:

Abu Hurayrah ؓ narrated that the Messenger of Allah ﷺ used to say [the above] when he would enter the evening.²⁹

❖ Dhikr 4: ❖

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ ، خَلَقْتَنِي وَأَنَا عَبْدُكَ ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا
اسْتَطَعْتُ ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ ، أُبَوِّدُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأُبَوِّدُ لَكَ بِذُنُوبِي ،
فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

ALLĀHUMMA ANTA RABBĪ, LĀ ILĀHA ILLĀ ANT, KHALAQTANĪ WA ANA 'ABDUK, WA ANA 'ALĀ 'AHDIKA WA
WA'DIKA MĀ'STAṬAT, A'ŪDHU BIKA MIN SHARRI MĀ ŠANA'T, ABŪ'U LAKA BI NĪMATIKA 'ALAYYA WA
ABŪ'U LAKA BI-DHAMBĪ FA-GHFIR LĪ FA-INNAHŪ LĀ YAGHFIRU-DH-DHUNŪBA ILLĀ ANT.

O Allah, You are my Lord, there is none worthy of worship but You. You created me and I am your slave. I keep Your covenant, and my pledge to You so far as I am able. I seek refuge in You from the evil of what I have done. I admit to Your blessings upon me, and I admit to my misdeeds. Forgive me, for there is none who may forgive sins but You.

Virtue:

Shaddad ibn Aws ؓ narrates that the Messenger of Allah ﷺ said:
"The most superior manner of seeking forgiveness is that you say [the above]. Whoever says it during the day with conviction and dies on the same day before the evening will be from the people of Paradise. And whoever says it during the night with conviction and dies before the morning, he will be from the people of Paradise."³⁰

❖ Dhikr 5: ❖

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي
دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي ، اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَآمِنْ رَوْعَاتِي ، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ
يَدَيْ ، وَمِنْ خَلْفِي ، وَعَنْ يَمِينِي ، وَعَنْ شِمَالِي ، وَمِنْ قَوْفِي ، وَأَعُوذُ بِعَظَمَتِكَ
أَنْ أُغْتَالَ مِنْ تَحْتِي

ALLĀHUMMA INNĪ AS'ALUKA-L-'AFWA WA-L-'ĀFIYATA FI-D-DUNYĀ WA-L-'ĀKHIRAH. ALLĀHUMMA
INNĪ AS'ALUKA-L-'AFWA WA-L-'ĀFIYATA FĪ DĪNĪ WA DUNYĀYA WA AHLĪ WA MĀLĪ, ALLĀHUMMA-STUR
'AWRĀTĪ WA ĀMIN RAW'ĀTĪ. ALLĀHUMMA-ḤFAẒNĪ MIM BAYNI YADAYYA WA MIN KHALFĪ, WA 'AY-N
YAMĪNĪ WA 'AN SHIMĀLĪ WA MIN FAWQĪ, WA A'ŪDHU BI-'AZAMATIKA AN UGHTĀLA MIN TAHTĪ.

O Allah, I ask You for forgiveness and protection in this world and the next.
O Allah, I ask You for forgiveness and protection in my religion, in my worldly affairs, in my family and in my wealth. O Allah, conceal my faults and calm my fears. O Allah, guard me from in front of me and behind me, from my right, and from my left, and from above me. I seek protection in Your Greatness from being unexpectedly destroyed from beneath me.

Virtue:

'Abdullah ibn Umar ؓ narrates that the Messenger of Allah ﷺ never failed to utter [the above] supplications in the evening and in the morning.³¹

❖ Dhikr 6: ❖

اَللّٰهُمَّ عَالِمُ الْغَيْبِ وَالشَّهَادَةِ ، فَاطِرَ السَّمَوَاتِ وَالْأَرْضِ ، رَبَّ كُلِّ شَيْءٍ وَمَلِيْكُهُ ، أَشْهَدُ
أَنْ لَا إِلَهَ إِلَّا أَنْتَ ، أَعُوْذُ بِكَ مِنْ شَرِّ نَفْسِيْ ، وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكَهٖ ، وَأَنْ أَفْتَرِكَ
عَلَى نَفْسِيْ سَوْءًا ، أَوْ أُجْرَهُ إِلَى مُسْلِمٍ

ALLĀHUMMA 'ĀLĪMA-L-GHAYBI WA-SH-SHAHĀDAH, FĀTIR-AS-SAMĀWĀTI WA-L-ARḌI, RABBA KULLI SHAY'IW-WA MALĪKAH, ASH-HADU AL-LĀ ILĀHA ILLĀ ANTA, A'UDHU BIKA MIN SHARRI NAFSĪ WA MIN SHARRI-SH-SHAYṬĀNI WA SHIRKIHĪ WA AN AQTARIFA 'ALĀ NAFSĪ SŪ'AN AW AJURRAHŪ ILĀ MUSLIM.

O Allah, Knower of the unseen and the seen, Creator of the heavens and the earth, the Lord and Possessor of everything; I bear witness that there is none worthy of worship but You. I seek refuge in You from the evil of my own self, from the evil of Shaytan and from the evil of polytheism to which he calls, and from inflicting evil on myself or bringing it upon a Muslim.

Virtue:

Abu Bakr Al Siddiq ؓ said: "O Messenger of Allah, instruct me what to say in the morning and in the evening." He ﷺ said: "Say [the above]."³²

❖ Dhikr 7: ❖

حَسْبِيَ اللهُ لَا إِلَهَ إِلَّا هُوَ ، عَلَيْهِ تَوَكَّلْتُ ، وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ (x7)

HASBIYA-ALLĀHU LĀ ILĀHA ILLĀ HUWA, 'ALAYHI TAWAKKALTU, WA HUWA RABBU-L-'ARSHI-L-'AZĪM. (X7)

Allah is sufficient for me. There is none worthy of worship except Him. I have placed my trust in Him only and He is the Lord of the Magnificent Throne. (X7)

Virtue:

Abu Al Darda' ؓ said: "Whoever says in the morning and in the evening [the above] seven times, Allah may He be exalted, will suffice him for what concerns him."³³

❖ Dhikr 8: ❖

يَا حَيُّ يَا قَيُّوْمُ ، بِرَحْمَتِكَ أَسْتَغِيْثُ ، أَصْلِحْ لِّيْ شَأْنِيْ كُلَّهُ ، وَلَا تَكِلْنِيْ
إِلَى نَفْسِيْ طَرْفَةَ عَيْنٍ

YĀ HAYYU YĀ QAYYŪM, BI-RAḤMATIKA ASTAGHĪTH, AṢLIḤ LĪ SHA'NĪ
KULLAH, WA LĀ TAKILNĪ ILĀ NAFSĪ ṬARFATA 'AYN.

O Ever Living One, O Eternal One; I seek assistance through Your mercy. Set right all of my affairs and do not place me in charge of myself even for the blinking of an eye.

Virtue:

Anas ibn Malik ؓ narrates that the Prophet ﷺ said to Fatimah ؓ :
"What is preventing you from (doing) what I am advising you; that you say [the above] in the morning and evening?"³⁴

❖ Dhikr 9: ❖

بِسْمِ اللّٰهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ ، وَهُوَ السَّمِيعُ الْعَلِيمُ (x3)

BISMI-LLĀHI-LLADHĪ LĀ YADURRU MA'ASMIHI SHAY'UN FI-L-ARḌI
WA LĀ FI-S-SAMĀ', WA HUWA-S-SAMĪ'U-L-'ALĪM. (X3)

In the Name of Allah, with whose Name nothing can harm on the earth nor in the sky, and He is The All-Hearing and All-Knowing. (X3)

Virtues:

1. Aban ibn 'Uthman narrated from 'Uthman ibn 'Affan ؓ who mentioned that the Messenger of Allah ﷺ said:

"There is no servant who says [the above] three times every morning and evening, except that nothing will harm him."³⁵

2. He also narrated that the Messenger of Allah ﷺ said: "Whoever says [the above] three times in the morning will not be afflicted with a sudden calamity until the evening."³⁶

❖ Dhikr 10: ❖

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ (x100)

SUBHĀNA-LLĀHI WA BI ḤAMDIH. (X100)

Allah is free from imperfection and all praise is due to Him. (X100)

Virtues:

1. Abu Hurayrah ؓ narrates that the Messenger of Allah ﷺ said: "Whoever says [the above] 100 times a day, all of his sins will be forgiven, even if they are as abundant as the foam of the sea."³⁷

2. Abu Hurayrah ؓ narrates that the Messenger of Allah ﷺ said: "He who recites [the above] in the morning and in the evening 100 times, will not be surpassed on the Day of Judgement by anyone with better deeds except the one who says the same words or more."³⁸



Transliteration Key




ض	<i>D</i>	ا	<i>A</i>
ط	<i>T</i>	آ-ي	<i>Ā</i>
ظ	<i>Z</i>	ب	<i>B</i>
ع	<i>'</i>	ت	<i>T</i>
غ	<i>GH</i>	ة	<i>T OR H</i> <small>WHEN FOLLOWED BY ANOTHER ARABIC WORD</small>
ف	<i>F</i>	ث	<i>TH</i>
ق	<i>Q</i>	ج	<i>J</i>
ك	<i>K</i>	ح	<i>H</i>
ل	<i>L</i>	خ	<i>KH</i>
م	<i>M</i>	د	<i>D</i>
ن	<i>N</i>	ذ	<i>DH</i>
ه	<i>H</i>	ر	<i>R</i>
و	<i>W</i>	ز	<i>Z</i>
و	<i>Ū</i>	س	<i>S</i>
ي	<i>Y</i>	ش	<i>SH</i>
ي	<i>Ī</i>	ص	<i>Ṣ</i>

اَ	<i>FATḤA</i>	<i>A</i>
اِ	<i>KASRA</i>	<i>I</i>
اُ	<i>ḌAM'MAH</i>	<i>U</i>
ءَ	<i>SHAD'DAH</i>	‘ DOUBLE LETTER WHEN AN APOSTOPHE IN BETWEEN
ْ	<i>SUKŪN</i>	ABSENCE OF A VOWEL

✦ References ✦

- [1] - Muslim 591
- [2] - Bukhari 844
- [3] - Muslim 594
- [4] - Tirmidhi 3474 & Ahmad 17990
- [5] - Muslim 597
- [6] - Abu Dawud 1504
- [7] - Nasa'i, 'Amal al-Yawm wal-Laylah 100
- [8] - Abu Dawud 1523 & Tirmidhi 2903
- [9] - Abu Dawud 5082 & Tirmidhi 3575
- [10] - Abu Dawud 5082 & Tirmidhi 3575
- [11] - Muslim 2723
- [12] - Abu Dawud 5068
- [13] - Ahmad 14938
- [14] - Muslim 2726 & Abu Dawud 1503
- [15] - Bukhari 6306
- [16] - Abu Dawud 5074
- [17] - Tirmidhi 3392 & 3529
- [18] - Abu Dawud 5081
- [19] - Nasa'i, Sunan al-Kubra 6/147 & 'Amal al-Yawm wa-l-Laylah 570
- [20] - Tirmidhi 3388
- [21] - Abu Dawud 5088
- [22] - Bukhari 3293 & Bukhari 6403
- [23] - Muslim 2702
- [24] - Tabarani, al-Muj'am al-Awsat 3879
- [25] - Bukhari 6405 & Muslim 6842
- [26] - Muslim 2692
- [27] - Abu Dawud 5082 & Tirmidhi 3575
- [28] - Muslim 2723
- [29] - Abu Dawud 5068

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- [30] - Bukhari 6306
[31] - Abu Dawud 5074
[32] - Tirmidhi 3392 & 3529
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[35] - Tirmidhi 3388
[36] - Abu Dawud 5088
[37] - Bukhari 6405 & Muslim 6842
[38] - Muslim 2692



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